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Ten at 10

Iowa courthouse lawn OKed for yoga gathering

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FAIRFIELD, Iowa (AP) - Yoga enthusiasts will gather on the west lawn of the Jefferson County Courthouse next month in an attempt to break a group yoga record.

The county's Board of Supervisors approved the event Monday.

Assistant Director Terry Baker of the Fairfield Iowa Convention and Visitors Bureau asked the supervisors to allow six instructors and possibly hundreds of yoga practitioners to use the lawn in what could become an annual event. The goal would be to break a group yoga record to promote wellness in the community.

The board approved the request, but not until discussing whether to set a policy for using the courthouse lawn.

The yoga group will be attending the Southeast Iowa Wellness Expo Sept. 25 at the Fairfield Arts and Convention Center.

Information from: The Fairfield Ledger

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